



# Impact Report

2020 - 2021



Nashua PAL



# Our Story So Far

## What 2020-2021 Looked Like at PAL

Everything in 2020-2021 looked a little different than we had planned... and we all know why!

During this challenging time, Nashua PAL persisted in responding to the needs of the Nashua community and youth.

- **Building on Hope:** The renovation of the PAL Youth Safe Haven was supposed to be completed in May 2020. However, COVID changed the plans and the building stayed closed from March to December 2020. During that time, PAL programming took place at parks, St. Pat's Gym, and Crossway Church. We were thrilled to reopen the newly renovated Youth Safe Haven in January 2021 with new accessibility, technology, and resources for PAL youth!
- **Family Support:** PAL shifted a lot of focus towards family support during this tough time. PAL gave out 200+ holiday meals and gifts, tons of other food, cleaning supplies, PPE, essential technology, and resources.
- **Mentoring:** It never paused! It shifted to online meet ups, small group activities, and text/phone check ins to keep connected with PAL youth.
- **PAL Sports:** Programs looked quite different, but we were thrilled to host a small Cross Country program in 2020 (135 runners!); and in 2021, we ramped back up PAL Force Cheer and Football and Basketball for successful seasons.
- **Cops and Kids:** Cone with a Cop, Tactical Christmas, and daily interactions within the Youth Safe Haven program generated 1000's of connections between cops and kids!

## Who We Are

Nashua PAL (Police Athletic League) is a nonprofit organization dedicated to teaching our youth the values and rewards that can be accomplished through self-determination, belief in one's self, desire, teamwork, and respect for others.

Nashua PAL, founded in 1989, has a mission to create a positive attitude between the children of Nashua and the members of the Police Department through PAL sponsored sports, enrichment, recreation, leadership, and educational activities.

Nashua PAL's 16 programs focus on Education, Activity, and Leadership!

SERVING GREATER  
NASHUA YOUTH FOR  
30+ YEARS!

# 135

Cross Country Runners  
in Fall 2020

# \$2.1 Million Youth Safe Haven Renovation

New Accessibility, Safety, Technology and STEM Supplies, & So Much More!

# 200

Hours of Youth-led  
Community Service  
Projects

# 7,000

Hours of Mentoring  
Homework Help,  
College Applications,  
STEM Programs, & More

# 115

Full Thanksgiving  
Feasts Given Out  
to Greater Nashua  
Families

# 144%

More Ice Cream Cones  
Served at  
Cone with a Cop

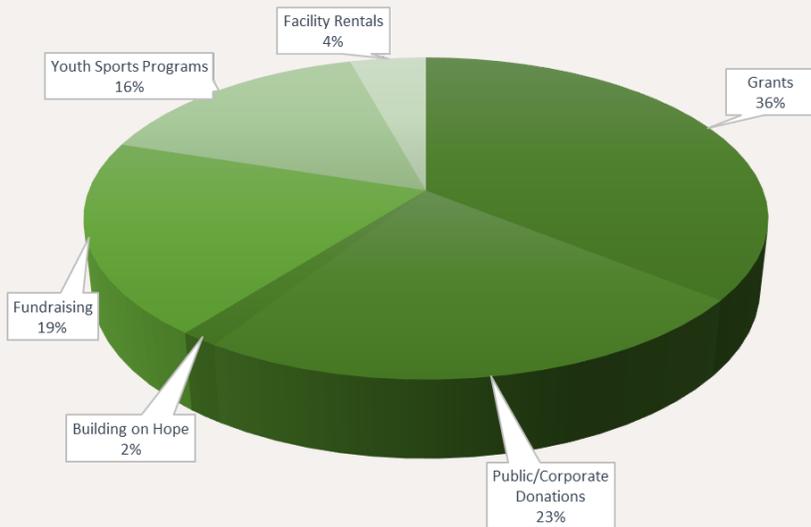


# 2020-2021 Financials

Income is never a barrier to participation in Nashua PAL programs. Scholarships and free programming are available to every youth in need.

Between 2019-2020, Nashua PAL raised funds and built partnerships for the Building on Hope renovation of the PAL Youth Safe Haven. By the end of the project, Nashua PAL and Building on Hope raised close to \$300,000 in funds, and over \$1.7 Million in donated services and products. This effort invested over \$2 Million in the youth of the Nashua's Tree Streets!

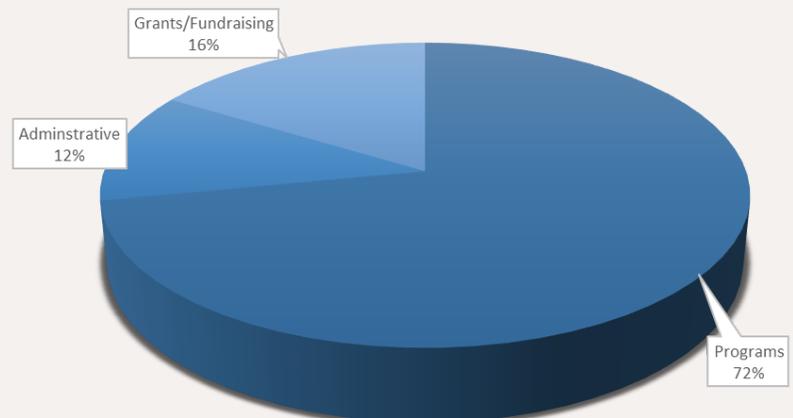
## Revenues



Grants	\$316,277
Fundraising	\$171,725
Public/Corporate Donations	\$205,172
Building on Hope Renovation*	\$13,659
Youth Sports Programs	\$139,273
Facility Rentals	\$37,479
<b>Total Revenues 2020-2021</b>	<b>\$882,398</b>

## Expenses

Programs	\$498,817
Grants/Fundraising	\$113,229
Administrative	\$81,660
Building on Hope Renovation Capital Project/Facility Improvement*	\$85,469
<b>Total Expenses 2020-2021</b>	<b>\$779,228</b>



Through this challenging year, Nashua PAL was able to finish with a surplus that is being invested in additional youth program offerings.

\*Building On Hope is a capital project to renovate the PAL Youth Safe Haven (52 Ash Street). The above Building on Hope represents the final year revenues/expenses associated with this project. The bulk of the project revenues/expenses are reflected in the previous fiscal year. Expenses tied to Capital Project / Facility Improvement on 990.

# Thank You to PAL's Building on Hope Renovation Partners!

Academy Roofing Corp.  
Advantage Insurance  
Anderson Family  
Aquino Family  
Atlantic Prefab  
Barr Family  
Barry Family  
Bee Family  
Bolton & Kilgallen Family  
Brenda Baron Family  
Brooks Family  
Buckingham Family  
Buckley Disposal Services  
Carignan Family  
Chakas Family  
Chapman Construction/Design  
Chick-fil-A Foundation  
Clifford Family  
Cogswell Benevolent Trust  
D'Addario Family  
Darsigny Family  
DeBisz Family  
Design Pool Patterns  
Dickson Family  
Dietrich Family  
Digital Federal Credit Union (DCU)  
Dutzy Family  
Eastern Bank  
Edward Jones Investments  
Ellis Family  
Enterprise Bank  
Ferreira Family  
Fonger Family  
Gendron Family  
Givens Family  
Haight Family  
Hampshire Hills  
Harvey Construction Corporation  
Hauri and Chepjian Family  
Hayford Family  
Jancsy Family  
Jordan's Furniture  
Keenan Family  
KV Cleaning Service LLC  
Levesque Dentistry  
Lighting Showroom  
Lovering Family  
Lyons and Krailo Family  
Madeline G. von Weber Trust

Merrimack County Savings Bank Foundation  
Metro Walls, LLC  
Michelson Family  
Millyard Auto, LLC  
Milton Rents  
Moore Concrete Cutting LLC  
Moore Family  
Morelli Family  
Murphy Family  
NADA Foundation  
Nashua PAL Board  
Nelson Family  
New Hampshire Charitable Foundation  
New Vo Interiors  
Northpoint Construction  
Paulson Family  
Pichette Bros. Construction Co. Inc.  
Pinard Waste Systems  
Prunier Family  
Reeves Family  
Rotary Club of Nashua District 7870  
Rotary Club of Nashua West  
Souhegan Valley Happy Hour Rotary Club  
Rowe Family  
S.L. Chasse Welding and Fabricating, Inc.  
Samuel P. Hunt Foundation  
Sandy Cleary, SLC Group Holdings  
School Furnishings  
Schroeder Family  
Simoneau Family  
Single Digits, Inc.  
Southern NH Health Systems  
St. Mary's Bank  
Summit Title Services, LLC  
TD Bank  
Team Engineering  
The Erlick Family  
The Spicer Family  
Thomas Family  
Tostao's Bar  
Trico Millwork  
Tulley Family  
Van Der Beken Family  
Walmart Foundation  
Weisman, Tessier, Lambert and Halloran  
Williams Family  
Worrall and Bakon Family  
Zimmerman

All of this would not be possible without the support of awesome community members, companies, and foundations!  
Please find a complete list of our generous donors from October 1, 2020-September 30, 2021 Fiscal Year Here:  
[www.nashuapal.com/donors2020-2021](http://www.nashuapal.com/donors2020-2021)

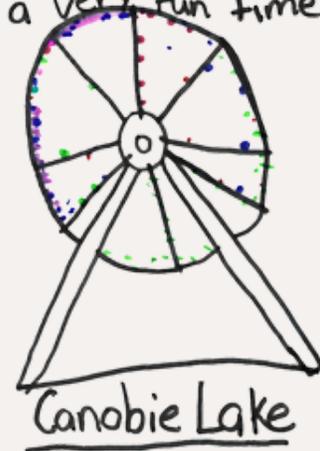
# Tales from the PAL Youth Safe Haven Afterschool Program



Drawn by our PAL member, Dominick B!

My favorite memory with Pal is when we went to Canobie Lake and me and Ms. Jenn went on a ride that we were both scared of Desmond

When we went to Canobie Lake and I had a very fun time. ♥



Junely, age 15, 10th grade

"I have been going to PAL for five years. I used to live up the block and see kids wearing orange shirts. One day my mom told me to go check it out. I have been at PAL ever since."

"I have learned a lot at PAL. I learned what friendship really is. I also learned a lot about community service that I never would have known if it weren't for PAL."



Jayden R, age 7, 2nd grade

"I have been coming to PAL for one year. I came to PAL because my sister came here."

"My favorite things to do at PAL are to play soccer and basketball."





As always, Nashua PAL remains committed to providing the highest level of educational, enrichment, and sports programming to 2,000+ youth in Greater Nashua!

The future looks like...

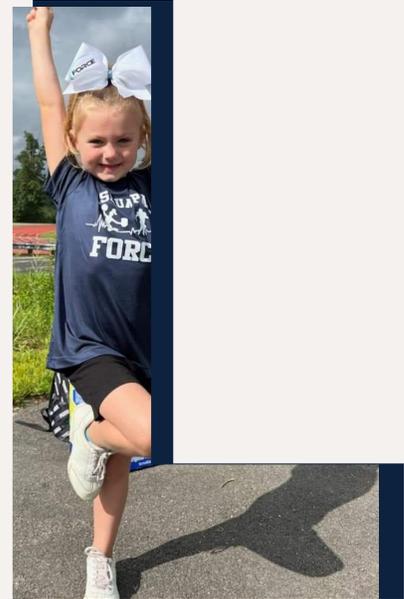
**Getting Moving with Youth Sports** programs fully back in swing! Force Football and Cheer, Cross Country, Street Hockey, Boxing, and Basketball.

**Addressing the Education Gap and "Disconnection"** left by the pandemic through enhanced educational supports, such as focused homework help, one-on-one and small group mentoring, and regular STEM, Arts, and Healthy Behavior classes.

**Expanding Family Support Services** to include essential needs, holidays, family fun events and activities, educational resources for families, and much more.

**Recruiting and Reconnecting with Caring Community Members** that want to volunteer their time to mentor or coach youth, teach youth a skill or fun activity, and guide the PAL program as a PAL Board Member. Sign up today at [www.nashuapal.com/volunteer!](http://www.nashuapal.com/volunteer!)

## Education \* Activity \* Leadership



NASHUA PAL  
COMMUNITY CENTER  
&  
YOUTH SAFE HAVEN



*Every Kid Deserves A PAL!*

Nashua PAL's Executive Board

Shamera Simpson (Chair) – American Foundation for Suicide Prevention  
Michele Chakas (Vice Chair) – Southern NH Health  
Jay Cohen (Clerk) – AccelerEd  
Don McCarty (Treasurer) – BAE Systems (retired)

Nashua PAL's Board Members

Kimberly Bernard - Nashua, Division of Public Health	Gwen Krailo – Nashua Foundries
Chief Steve Buxton - Nashua Fire Rescue	Evan Lowry - SNHU
Bob Canaway – Mitiga	Cpt. E Z. Paulson – Nashua Police Department (retired)
Kalin Carroll - UnitedHealthcare	Tyler Poulin - Nashua PAL Force
Sidi Cuko – SolutionHealth	Chief Kevin Rourke - Nashua Police Department
Nick Dahl – Office of Veterans Affairs	Stephen Saxe – Alphagraphics
Steve Dickson – Red Hat, Inc.	Gerrell Smith – Smitty Insurance
Emiliya Gerges - Citizen's Bank	Patrick Ward – Federal Bureau of Prisons

**We thank you for your  
continued support of  
PAL youth!**

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