

Nashua PAL

Impact Report



Fiscal Year 2022

October 1, 2021 - September 30, 2022





Our Story So Far

What 2021-2022 Looked Like at PAL

In 2021, Nashua PAL's youth leadership, education, and sports programs were back in FULL FORCE!

- **Law Enforcement Partnership Expansion:** In 2022, Nashua PAL was proud to partner with Hillsborough County Sheriff Chris Connelly to expand law enforcement and youth connections in Nashua. Deputy Sheriff Mike Merrifield is assigned to Nashua PAL's Youth Safe Haven afterschool and summer program part time, and has already made so many great connections with youth and families.
- **PAL Sports:** PAL Force Cheer and Football, Cross Country, K-9's, Street Hockey, Boxing and Basketball all had successful years. In March 2022, the PAL Force Cheer D14 won the title of Global Champions!
- **Mentoring:** The PAL Youth Safe Haven had their 1st overnight camping trip with PAL youth and mentors at Beaver Brook Association. It was a fun trip learning about nocturnal animals, fire safety, and cooking dinner over a campfire.
- **Family Support:** Nashua PAL started planning and looking forward to the new residents at Monahan Manor - a new affordable housing complex opening within a block of the Youth Safe Haven in 2023. PAL is actively working with the City and community partners to provide family and youth programs for these new residents in the coming years.
- **Cops and Kids:** Cone with a Cop, Tactical Christmas, and daily interactions within the Youth Safe Haven program generated 1000's of connections between cops and kids!

Who We Are

Nashua PAL (Police Athletic League) is a non-profit organization dedicated to teaching our youth the values and rewards that can be achieved through self-determination, confidence, ambition, teamwork, and respect for others.

Nashua PAL, founded in 1989, has a mission to build thriving, bright, and healthy futures for youth by connecting kids, cops, and community while creating opportunities for education, activity, and leadership.*

*updated on 11/19/2023



Serving Greater Nashua Youth for 30+ Years!

2021-2022 PAL Highlights

1

Global Champions
Cheer Team!

150

Backpacks Full of
School Supplies
Provided to PAL Youth

500+

Cross Country Runners
Crossed the Finish
Line at the Elementary
School Championship!

7,000

Hours of Mentoring
including PAL's 1st
Overnight Camping
Trip

100%

PAL Youth Sports
Members are learning...
Teamwork
Leadership
Healthy Habits
Technique & Strategy
& Growing Confidence!

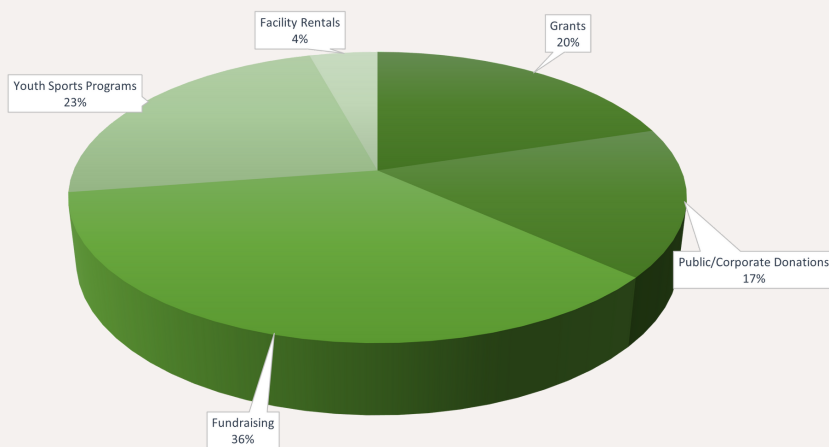


Thousands of Positive
Connections Between
Nashua Youth & Law
Enforcement

2021-2022 Financials

Income is never a barrier to participation in Nashua PAL programs. Scholarships and free programming are available to every youth in need.

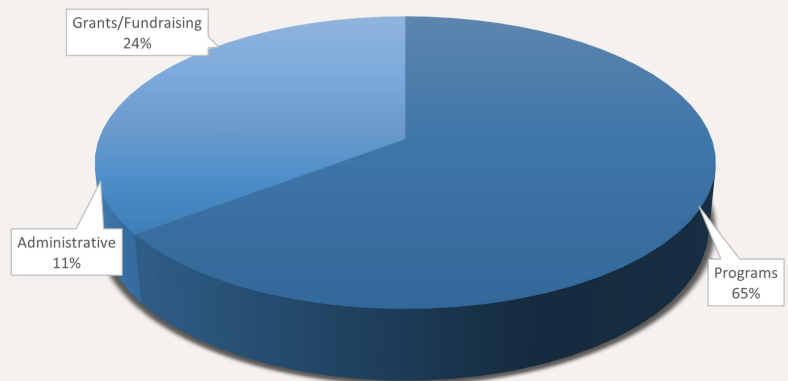
Revenues



Fundraising	\$302,659
Youth Sports Programs	\$194,900
Grants	\$169,900
Public/Corporate Donations	\$138,624
Facility Rentals	\$35,762
Total Revenues 2021-2022	\$841,845

Expenses

Programs	\$545,805
Grants/Fundraising	\$202,138
Administrative	\$95,967
Total Expenses 2020-2021	\$843,910



All of these critical youth programs would not be possible without the support of awesome community members, companies, and foundations!

Please find a complete list of our generous donors from October 1, 2021-September 30, 2022 Fiscal Year Here:
www.nashuapal.com/donors2021-2022

Nashua PAL Teen Leader, Junely Grullon, Honored with National Leadership Award!



National PAL's 2022 Female Inspirational Youth of the Year awardee is Nashua PAL Teen Leader, Junely Grullon! Junely, 16 (at the time of the award), was named Nashua PAL's Jr. PAL of the Year at the 2021 Nashua PAL Night of Champions, and Nashua PAL was excited to nominate her for the National PAL Inspiration Youth of the Year. National PAL received nominations from PAL programs across the country, and Junely's outstanding leadership record shined. On June 3rd, Junely traveled with her mother, Melissa, to receive her award at the National PAL Gala in Atlantic City, NJ on June 3, 2022.

Junely, a 2023 graduate (Junior at the time of the award) at Nashua North High School, joined the Nashua PAL Youth Safe Haven afterschool/summer care program in 2015. She was first chosen as Nashua PAL's Junior PAL of the Year in 2016, at age 10, and was once again chosen as the Junior PAL of the Year in 2021.

Junely was officially designated as a Teen Leader at the PAL Youth Safe Haven on Ash St. when she was 12 years old, technically still a pre-teen, and has thrived in that role. Jaela Solis, Nashua PAL's Youth Safe Haven Program Coordinator, describes her as a "strong leader" of the afterschool program. Since joining the Nashua PAL Youth Safe Haven program at age 9, Junely has regularly participated in all of the afterschool/summer programs offered at Nashua PAL, such as mentoring, field trips, community service, cooking classes, dance classes, and much more.

Today, Junely enjoys co-leading PAL's teen mentoring programming, welcoming new members to the program, using her bilingual skills to communicate with new members/families, and working at the front desk of the Youth Safe Haven a few days a week. **She headed off to college in August 2023!**

Junely's nomination to National PAL's award was a given for her Nashua PAL staff and mentors. Jaela Solis says, "Junely makes my heart smile. One of the attributes I find most impressive about Junely is her ability to speak up and address anyone that walks into the Youth Safe Haven. New youth members, parents looking for information, volunteers, staff – whoever you are, Junely is here to listen and help." PAL staff and volunteers can count on Junely to step up as a leader for any activity – from preparing snack for youth members to helping her peers with homework. Solis continued, "Junely's strong leadership amongst her peers, along with her openness, acceptance of others, and welcoming nature are just a few of the reasons that we (PAL staff) nominated her for the National PAL award."

At home, Junely helps to look after and care for her younger brother and is an avid reader. She aspires to be a physician or attorney in the future. Jen Miller, Nashua PAL's Development Director, states that "Whether caring for her community as a physician or advocating for her community as an attorney, Junely's beautiful spirit and sharp mind will make her a phenomenal community leader."

On behalf of all Nashua PAL staff and volunteers - Junely, we are so proud of you! **CONGRATULATIONS** on your National inspirational leadership award!



Nashua PAL provides 2,000+ youth in Greater Nashua with robust education-focused programming. Junely and 250+ Greater Nashua youth receive free afterschool and summer care provided at the PAL Youth Safe Haven.

Looking Ahead: Celebrating 35 years in 2024!

PAL's bright future includes...

Reinvigorated Youth Sports Programs with a focus on promoting fun, growth, and positive development in PAL Force Football and Cheer, Cross Country, Street Hockey, Boxing, and Basketball.

Adapting and Growing the Family Services as PAL prepares for an influx of new families and children a block away from the PAL Youth Safe Haven community center. Bronstein Apartment's 40+ affordable housing units were replaced with Monahan Manor's 210+ affordable housing units, and PAL is looking forward to serving a good amount of new families and youth!

Enhanced Mentoring for Youth as children are still struggling with feelings of disconnection from COVID isolation, PAL is enhancing mentoring connections in all programs! PAL is listening to youth members about what they need to be successful; and recruiting coaches, education tutors, and other caring adults that want to work one-on-one and in small groups with youth.



Do you want to volunteer your time to mentor or coach youth, teach youth a skill or fun activity, or guide the PAL program as a PAL Board Member?

Sign up today at www.nashuapal.com/volunteer!

Growing Nashua's Future Community Leaders



Looking Ahead: Focusing on Generational Change



In July 2023, Nashua PAL was excited to announce a brand-new education scholarship, open to all previous and current Nashua PAL participants!

"Having a scholarship for Nashua PAL youth has been a dream for a long time, and with the kickoff commitment from the Allard family and the continued support from our community, we can finally bring this to life! We are all extremely excited about this new opportunity to support community families."

Shaun Nelson, Nashua PAL's Executive Director

As a Nashua nonprofit serving thousands of youth since 1989, this scholarship is available to support a large amount of the community. PAL's scholarship is available for education costs associated with certifications/vocational/apprenticeships OR traditional 2-4 year college degrees, etc. The Allard family wants to provide opportunities to youth in Greater Nashua that may need an extra hand up to become the person they want to be.

"In my youth, there were plenty of opportunities to go down the wrong path. I know firsthand how important it is to provide youth with more opportunities to make the right decision. I have a deep respect for Nashua PAL and their dedication to mentoring youth from diverse backgrounds – each with their own significant challenges. PAL helps them find a path that, with hard work and a positive attitude, can lead them toward a successful future. My family is proud to support these efforts."

Jim Allard, Allard Contracting

Nashua Police Chief Kevin Rourke serves as a Nashua PAL Board member and joined the newly formed Nashua PAL Scholarship Committee this year. He is confident this will have a long-term impact on the Greater Nashua community.

"This new scholarship is a fantastic new avenue for Nashua PAL to support not only current PAL kids, but those that continued to work on their education and gainful employment in order to support their families. Nashua PAL's scholarship will have a big impact for generations to come."

Chief Kevin Rourke, Nashua Police Department

Shaun and the Nashua PAL team are thrilled to be able to support the educational dreams of past and present PAL members, and we are confident this will lead to a generational change for lots of kids and their families. To learn more about the Nashua PAL Scholarships, please visit www.nashuapal.com/scholarship. Questions related to the scholarship can be sent to scholarship@nashuapal.com.

Nashua PAL is excited to share information about the first PAL scholarship awardees in 2022-2023's Impact Report.

Education * Activity * Leadership



Every Kid Deserves A PAL!

Nashua PAL's Executive Board*

Shamera Simpson (Chair) – American Foundation for Suicide Prevention
Chief Steve Buxton (Vice Chair) – Nashua Fire Rescue
Jay Cohen (Clerk) – AccelerEd
Don McCarty (Treasurer) – BAE Systems (retired)

Nashua PAL's Board Members*

Kim Bernard – Nashua, Division of Public Health
Kalin Carroll – UnitedHealthcare
Michele Chakas – Southern NH Health
Sidi Cuko – SolutionHealth
Nick Dahl – Office of Veterans Affairs
Steve Dickson – Red Hat, Inc.
Emiliya Gerges – Citizen's Bank
Gwen Krailo – Nashua Foundries

Charlie Logiotatos – Pressed Cafe
Evan Lowry – SNHU
Mackenzie Murphy – Nashua Community College
Officer Kevin Pucillo – Nashua Police Department
Chief Kevin Rourke – Nashua Police Department
Stephen Saxe – Alphagraphics
Gerrell Smith – Smitty Insurance

*At time of printing

We thank you for your
continued support of
PAL youth!

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